



Treatment Guide & Price List

Thursday-Saturday 9:30-17:30

Welcome to the Rose Garden treatment room, a haven for the senses, where you can enjoy the very best selection of treatment and therapies

Experience the benefit of our indoor swimming pool and sauna in the setting of a tranquil Rose Garden



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Treatment

Page

Thalgo Facial Treatments	3
Anti-Aging Treatments	4
Thalgo Body Treatments	5
Manicure and Pedicure	6
Spa Packages	7
Additional Treatments	8
Treatment Room Information	9

CONTENTS

*Please note treatments are one at a time

The Rose Garden Spa is located within the Canterbury Hotel and is proud to present a range of treatments to all our visitors.

Come and relax in our light and airy spa treatment suite where you can enjoy the very best selection of treatments and therapies.

We offer Thalgo facial treatments, anti-ageing treatments, manicures, pedicures, waxing and tinting.

Experience the benefit of our indoor swimming pool in the setting of a

*Please note treatments are one person at a time

THALGO FACIAL TREATMENTS

Thalgo harness the riches of the sea and powerful healing and revitalising properties vital for health and well-being.

All Thalgo facials offer spectacular and effective results

THALGO PURITY RITUAL FACIAL - 25 minutes £35.00

TEEN THALGO PURITY FACIAL (under 16) 25min - £30

The perfect express facial for an instant infusion of marine ingredients. After a relaxing welcoming massage and cleansing ritual, a hydrating mask is applied and whilst it acts on the skin, a soothing massage is carried out. Then moisturiser and eye cream suited to your skin is applied. Your skin will be refreshed and glowing.

HYDRA MOISTURE SOURCE - 55 minutes £46.00

A real moisture quenching treat, this facial is suitable for all skin types. After a relaxing welcoming massage and cleansing ritual, a moisture rich mask is applied followed by a soothing facial massage. These ultra-hydrating facial combats dehydration lines and improves skin texture, for a noticeably smooth, moisturised and radiant complexion.

REBALANCING FACIAL - 55 minutes £42.00

A rebalancing facial and purifying deep clean for oily/problem skin. After a relaxing welcoming massage, the skin is thoroughly cleansed and exfoliated. A mask of pure natural seaweed, known for its antibacterial properties, is then applied. The treatment is completed with Intense regulating Serum and Mattifying fluid to leave the skin clear and perfectly balanced.

ILLUMINATING RADIANCE FACIAL – 30 minutes £35.00

Reveal your skin's beauty and radiance in just 30 minutes! The Discovery of The Sea welcome message, cleanse and exfoliation are followed by a radiance-boosting mask and energising digit pressure massage to help the active ingredients penetrate. An application of Absolute Radiance Concentrate and Hydra-Marine Gel-Balm leaves the complexion fresh and glowing with radiance.

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ANTI-AGEING TREATMENTS

A range of dedicated anti-ageing eye and facial treatments

COLLAGEN RADIANCE FACIAL INCORPORATING LIP AND EYE AREA FOR 25+ - 65 minutes £59.00

Give your skin a Collagen boost and correct the signs of ageing with this facial designed for first signs of wrinkles, with instant anti-ageing results. After a relaxing welcome massage and a cleansing ritual adapted to the skin type along with exfoliation, an expert anti- ageing massage is carried out to lift the features and help the skin absorb the plumping marine collagen. The collagen mask smoothes fine lines and has a softening and plumping effect. Enjoy a relaxing hand and arm massage whilst the mask takes effect and the facial is completed with the moisture rich collagen cream. After the treatment your skin will be Radiant and Collagen reserves will be restored.

THALGO EYE TOUCH – 15 minutes £20.00

Can be combined with any face or body treatment. The eye area is cleansed and massaged using a specific eye concentrate. Using appropriate eye products and either a warm or cold gel mask, the eye massage mask gently massages the contour area. An application of Silicium eye cream instantly rejuvenates the eye contour area, reducing puffiness and dark circles and gently smoothing out any lines or wrinkles.

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THALGO BODY TREATMENTS

Thalgo exceptional body treatments relax, tone and ease tension giving incredible results. All body treatments begin with a Discovery of the Sea, welcome massage and use the organic Thalgo natural massage oil.

THALGO FULL BODY MASSAGE – 55 minutes £55.00

A full body massage to soothe away all signs of stress and fatigue. Using the powerful techniques of Shiatsu and Swedish massage, this deeply relaxing massage activates circulation and stimulates the lymphatic system to flush away toxins.

BACK, NECK AND SHOLDER MASSAGE – 25 minutes £30.00

A thorough massage of the back, neck and shoulder region to ease tension and relieve stress.

HOT STONE BACK, NECK AND SHOULDER MASSAGE – 25 minutes £37.00

Experience a deeper sense of relaxation combining massage, heat and pressure

HOT STONE FULL BODY MASSAGE – 55 - £65

For deep relaxation, try the Thalgo sea and sense body treatment with marine hot stones. Warm volcanic basalt stones are applied to the specific points on the body to relax and eliminate toxins, while cool marine stones are applied to re-mineralise the body. The ultra-sensorial experience incorporates a unique massage technique using the marine hot stones. Tension quickly gives way to deep relaxation

LEG AND FOOT MASSAGE – 25 minutes £30.00

This unique leg and foot treatment are excellent for relief of aches, pains and fatigue

INDIAN HEAD MASSAGE – 25 minutes £30.00

A deep massage, using a variety of pressure and techniques, including circular massage strokes on your scalp, deep tissue works on your shoulders, and stretching the neck.

REBALANCING BACK TREATMENT – 45 minutes £38.00

This purifying back treatment combines natural marine algae, rich in re-mineralising ingredients to deep cleanse, detoxify and smooth the skin. After a relaxing welcome massage, the skin is exfoliated with red algae-based body scrub. Thalgo's patented seaweed wrap is then applied to the back, and once removed the skin is spritzed with a refreshing sea water concentrate.

PREGNANCY PAMPER TREATMENT – 55 minutes £60.00

Regain and protect your skins' elasticity and tone with this relaxing pamper treatment. After a soothing welcome massage, the body is gently exfoliated. This is followed by a massage using the intensely nourishing and hydrating Stretch Mark Cream to strengthen and firm the skin. A

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MANICURE AND PEDICURE

Using the renowned ORLY range of Manicure and Pedicure Products with the up to date, on trend colours and finishes.

MANDARIN MANICURE- 45 minutes £30.00

A luxurious treatment which promotes cuticle care, nail health and nail growth. The hands are given a wonderfully relaxing “deep clean” in an infused Italian Mandarin scented finger bath. Cuticles are then groomed and nourished and hands massaged and moisturised, leaving them super smooth and soft. Finish your Mandarin manicure with expertly applied nail polish from a wide range of ORLY colours.

MANDARIN HAND AND NAIL RITUAL – 55 minutes £36.50

A sumptuous and relaxing manicure for indulgent hand care. First, the hands are gently exfoliated with an aromatic blend of sugar cane crystals. A rich, detoxifying volcanic clay mask is applied and the hands are wrapped in heated mitts. The envelopment helps to eliminate impurities whilst soothing the skin and giving an ultra-hydration boost. Once cuticles have been softened and nails hydrated, the hands are massaged and moisturised, leaving them silky, soft and renewed. The treatment ends with expertly applied nail polish from a wide range of ORLY colours.

SEA SALT PEDICURE – 45 minutes £32.00

A luxurious pedicure to revive tired feet. Feet are enveloped in a warm bath of Dead Sea salts and massaged and exfoliated to reveal refreshed, soft skin. Cuticles are given extra care with a nourishing treatment. The pedicure is completed with a luxury foot massage and a heavenly lower leg massage and expertly applied nail polish from a wide range of ORLY colours.

SEA SALT FOOT AND NAIL RITUAL – 55 minutes £39.00

A truly indulgent pedicure to give toes, heels and soles the ultimate pampering experience. The pedicure begins with a warm bath of Dead Sea salts to cleanse and refresh. An exfoliating massage will then reveal super smooth skin. Following an application of detoxifying volcanic clay mask, the feet are wrapped in heated mitts. The envelopment helps eliminate impurities whilst soothing the skin and giving an ultra-hydration boost. Cuticles are thoroughly nourished and an ultra-rich moisturising crème massaged into the feet and lower legs, concentrating on dry skin and tired muscles. The treatment ends with expertly applied nail polish from a wide range of ORLY colours.

ORLY GEL MANICURE/PEDICURE APPLICATION – 45 minutes £28.00

For rich, glossy and chip free colour that lasts for 2 weeks, ORLY’s Gel Manicure promises beautifully manicured nails. Choose from a variety of shades and textures.

GEL REMOVAL – 20 minutes £8.00

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SPA PACKAGES

A selection of packages are available at Rose Garden Treatment Room with a choice of treatments to include use of facilities and either lunch or a delicious afternoon tea.

Packages include use of all facilities, robe, towels and slippers provided.

*The Canterbury Hotel's 15% discount for hotel guests

SPA BREAK PACKAGE -55 minutes

£69.00 per person

Choice of 25-minute Facial or Massage

Mini Manicure or Mini Pedicure

Light Lunch or Afternoon Tea

Maximum of 4 people

SUPER INDULGENCE PACKAGE -90 minutes

£120.00 per person

Rose Garden Signature Treatment

Choice of Mandarin Manicure or Sea Salt Pedicure

Light Lunch or Afternoon Tea

Glass of Prosecco

Maximum of 2 people

ROSE GARDEN SPA SIGNATURE TREATMENT -55 minutes

£70.00 per person

Relaxing back, neck, and shoulder massage

Purity ritual facial

Glass of prosecco

MOTHER AND DAUGHTER PACKAGE – 40 minutes

£90.00 (2 people)

Express facial or massage

Hand or foot massage

Comes with bubbles and nibbles

TEEN PACKAGE – 50 minutes

£45.00 per person

Purity facial

Mini manicure or pedicure

Soft drink and nibbles

THALGO MAN SIGNITURE RITUAL - 90 minutes £75 per person

Purity male facial

Relaxing Back neck and shoulder massage

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ADDITIONAL TREATMENTS

WAXING

Full Leg £29.00

Half Leg £19.00

Bikini £14.00

Under Arm £12.00

Brows £12.00

Lip and Chin £14.00

Lip £8.00

Chin £8.00

Eyebrow threading £12.00

Full face threading £30.00

TINTING – Perfect Eyes – Lash and Brow Tint and Brow Wax

Eyelash Tint £15.00

Brow Tint £10.00

Lash & Brow Tint £21.00

Lash, Brow Tint and Brow Wax £26.00

EXTRAS

Add a glass of Prosecco £ 5.95

Add Afternoon Tea to any treatment for £ 9.95 per person

Add Nibbles for £ 5.95

Add Sandwich with side salad £ 5.95

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ROSE GARDEN TREATMENT ROOM INFORMATION

GIFT VOUCHERS

Spa Gift Vouchers are perfect for Birthdays, Mother's Day, Father's Day, Christmas or any special occasion. Vouchers are redeemable against treatments, packages and products.

SPA ETIQUETTE

To encourage a tranquil atmosphere, we would ask all guests to switch off mobile phones. Please arrive at least 15 minutes before your scheduled treatment time if this is your first visit. Late arrival for your appointment will result in reduction in treatment time. A NO SMOKING policy is operated throughout the premises.

CONSULTATION AND HEALTH

Initial consultation will be given free of charge and will be in addition to treatment time. When booking a treatment please advise us of any relevant medical conditions or if you may be pregnant. Pregnant clients must be 12 weeks gestation in order to have anybody or facial treatments.

VALUABLES

Some treatments require the removal of jewellery. Please ensure you retrieve all valuables before you leave the spa.

PAYMENT

We accept most major credit and debit cards and will request details to secure your booking. Payment for spa packages are required at the time of booking.

